

Dr. Charlene Gumbo, MBChB, MMed (Psychiatry)

Dr. Charlene Gumbo is a skilled psychiatrist renowned for advancing evidence-based approaches to complex mental health challenges. As the team lead of the Corporate Psychiatrist Team at Chiromo Hospital Group, she drives strategic initiatives and provides clinical leadership across several key hospital committees, including as Co-Coordinator of the Scientific Committee and active member of the CME and Strategic Quality & Management Committees. Her expertise spans digital mental health innovation, research, and mental health advocacy. Dr. Gumbo's dynamic approach integrates clinical excellence, mentorship, and policy engagement to transform psychiatric services and improve mental health outcomes throughout Kenya and the broader African region.