

Kim S. Madundo, MD, MMed Psychiatry

Psychiatrist | Lecturer in Psychiatry | Global Mental Health Researcher

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Professional Profile

Dr. Kim Madundo is a psychiatrist and lecturer at Kilimanjaro Christian Medical Centre (KCMC) and KCMC University, currently serving as Head of the Department of Psychiatry and Mental Health. He has an adjunct position as Associate Professor of Global Health at Duke Global Health Institute. His work integrates psychiatry, research, and training, with a focus on HIV and mental health, suicide prevention, alcohol and substance use, and health systems strengthening. He has held leadership roles within national and regional psychiatric associations, and is the recipient of multiple academic and professional awards, including the Fogarty HBNU Global Health Fellowship (2025/26).

Education

Master of Medicine in Psychiatry (MMed Psychiatry), MUHAS, Dar es Salaam (2021)

Doctor of Medicine (MD), CUHAS, Mwanza (2017)

Advanced Level (PCB), Feza Boys' High School, Dar es Salaam (2011)

Key Academic and Leadership Roles

- Head of Department: Psychiatry and Mental Health, KCMC (2025–present)
- Lecturer – KCMC University
- Committee Member: School of Medicine Research, Consultancy & Publications, KCMC University (2025–present)
- Coordinator: Continuous Professional Development, Tanzania Psychiatrists Association (2023–2024)
- Head of Public Relations and Media Committee: East Africa Young Psychiatrists' and Trainees' Association (2022–2024)

Awards and Fellowships

- Fogarty HBNU Global Health Fellowship (Boston Medical Center, 2025/26)
- Best Presentation Award, 15th Focus on Mental Health Conference (2023)
- Best Student, MMed Psychiatry & Research, MUHAS (2021)
- Best Overall Student, MD program, CUHAS (2017)

Themes and Roles within Research Grants

- **HIV, Mental Health, and Suicide Prevention: IDEAS for Hope**. Role: Investigator (PI: Brandon Knettel)
 - Development of a telehealth-based counselling intervention for suicide prevention interventions and improving HIV care engagement among people living with HIV.
 - Testing the intervention in a randomized clinical trial
 - Leading qualitative work on patient and care provider perspectives on criminalization of suicidality
- **Alcohol and Substance Use. Role: Technical Consultant**. (PI: Catherine Staton)
 - Development of a brief negotiational intervention at an emergency care setting to reduce harmful alcohol use
 - Pragmatic clinical trials of these brief interventions (Punguza Pombe Kwa Afya Yako, PPKAY)
 - Studies on alcohol policy enforcement in Tanzania.

Selected Publications (Grouped by Theme)

- HIV & Mental Health
 - **Madundo K**, Knettel BA, Knippler E, Mbwambo J. Prevalence, severity, and associated factors of depression in newly diagnosed people living with HIV in Kilimanjaro, Tanzania: a cross-sectional study. BMC Psychiatry. 2023 Feb 1;23(1):83. doi: 10.1186/s12888-022-04496-9. PMID: 36726113; PMCID: PMC9890688.
 - **Madundo Kim**, Perry Mirlene, Mwobobia Judith , Shekibula Ismail , Msoka Elizabeth F. , Tarimo Clotilda S. , Katiti Victor , Mmbaga Blandina T. , Goldston David B. , Relf Michael V. , Knettel Brandon A.. Patient experiences and contextual appropriateness of universal screening for depression and suicide risk in HIV care: a qualitative study in Tanzania. Frontiers in Health Services. 2025 (5). Doi: 10.3389/frhs.2025.1557348
- Alcohol & Substance Use
 - **Madundo K**, Hudda A, Seekles ML, Mmbaga B, Obasi A (2024) The landscape and level of alcohol policy enforcement in Tanzania. PLOS Global Public Health 4(12): e0003203. <https://doi.org/10.1371/journal.pgph.0003203>
 - **Kim Madundo**, Anaelderrick Kimaro, Ashley Phillips, Linda Minja, Msafiri Pesambili, João Vitor Perez de Souza, João Ricardo Nickenig Vissoci, Blandina Mmbaga, Catherine Staton (2025). The impact and experience of a culturally adapted brief negotiation intervention for harmful alcohol use in an emergency care setting: A case series. International Journal of Alcohol and Drug Research (under review).
- Implementation Science & Mental Health Systems
 - **Kim Madundo**, Claire Kwagala, Charity Muturi, Priscilla Makau. Feasibility Outcomes from the Pilot Implementation of a Virtual QualityRights Training Intervention for the East African Young Psychiatrists' and Trainees' Association. SSM - Mental Health. 2025. 100505, ISSN 2666-5603, <https://doi.org/10.1016/j.ssmmh.2025.100505>.
 - Minja L, Knettel BA, Pan W, **Madundo K**, Amiri I, Joel L, Knippler E, Relf MV, Vissoci JRN, Staton CA, Msoka EF, Tarimo CS, Katiti V, Mmbaga BT, Goldston DB. Validation of a culturally sensitive, Swahili-translated instrument to assess suicide risk among adults living with HIV in Tanzania. Glob Ment Health (Camb). 2023 Oct 5;10:e67. doi: 10.1017/gmh.2023.59.

Journal Reviewer

- BMC Psychiatry
- PLOS Mental Health
- Frontiers in Psychiatry
- SSM Mental Health
- Frontiers in Health Services

Media Engagement

Daily News (2024): "Reporting on suicide? Take note of what to put in story."
<https://dailynews.co.tz/reporting-on-suicide-take-note-of-what-to-put-in-story/>

References

- Prof. Blandina Mmbaga – Director, Kilimanjaro Clinical Research Institute
- Prof. Brandon Knettel – Co-Director, Duke Center of Global Mental Health